

Adolescent Health and Youth Development (AHYD)

Nurturing Assets, Producing Achievements, and Building Accomplishments

Promoting developmental assets and healthy behaviors among youth 10-19 is a high priority in Georgia. (<http://health.state.ga.us/pdfs/familyhealth/publicdialogues.04.pdf>)


Each year, tens of thousands of Georgia youth receive health and development education, information, and medical services in 28 counties throughout Georgia.

These are counties with high teenage pregnancy rates and low high school graduation rates.

How can I learn more about basic concepts and gain skills in youth development?

The Office of Adolescent Health and Youth Development offers a competency-based curriculum to increase skills of staff of youth-serving agencies and organizations, and to promote integration of youth development practices into the day-to-day work of agencies and communities. *Strategies for Success, Competency and the Asset Approach: Nurturing Assets, Producing Achievements, Building Accomplishments*, provides 6 one-day training modules:

1. *The Asset Approach* - provides an introduction to youth development competencies as powerful tools in building organizational and community support for young people.
2. *Preadolescent and Adolescent Development* - introduces factors that influence development and sheds light on critical issues faced by many adolescents.
3. *Family Involvement* - informs on how to strengthen families to increase support and protection of youth.
4. *Program Development* - explains how to use youth development as a framework for creating and evaluating programs that help young people gain knowledge, skills and attitudes that prepare them for adulthood.
5. *Community Involvement* - presents approaches to foster support of youth through assessment, leadership, collaboration and facilitation, involving relevant stakeholders.
6. *Diversity and Assets* - covers issues of cultural competence and multicultural concepts important to inclusion and support of all youth.



Each year, Georgia spends about \$1.2 billion in state and federal funds on the families begun by teenagers—through welfare payments, Food Stamps, WIC, and Medicaid. These are costs that can be prevented by reaching adolescents early through health and youth development programs.

Coming Soon

**Classroom and
Web-Based Training in
*Assets Approach to Youth
Development***

Contact:
Division of Public Health
Family Health Branch
Office of Adolescent Health & Youth Development
404-657-6679
<http://health.state.ga.us/programs/adolescent/>



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“Adolescent Health and Youth Development is Crucial in Georgia”